

**Short Course on Healthy Cities and Urban Health Policy
INFORMATION for the Program in February 2002**

Organized by:
Promotion Committee for Healthy Cities

Course Programme provided by:
WHO Collaborating Centre for Healthy Cities and Urban Policy Research
Division of Public Health, Graduate School of Tokyo Medical and Dental University



1. Overview / Objectives

This short training course is designed to acquaint researchers, practitioners, and policy makers with principles and methods for healthy cities and urban health policy. First, participants will learn what a Healthy Cities initiative is. Second, they will learn what is required from other players in order to create a Healthy City. This "multisectoral collaboration" includes community participation and the application of information technology. Third, participants will learn what they themselves are required to do in order to create a Healthy City. This "capacity development" includes planning, implementation, and evaluation. Finally, participants will learn about the existing circumstances that Healthy Cities initiatives operate in. This includes information about community health, occupational health, public health systems, and environmental health. In addition to acquiring these theoretical frameworks and practical skills, participants will have opportunities to visit various places, institutions, and municipalities actively involved in urban health policy and urban development in general.

2. Dates and Themes

22 February, 2005 – 25 February, 2005
Strategies to develop a Healthy City

3. Venue of Seminars and Field Visits

Bunkyo-City Hall, and other venues (To Be Arranged)

* contact: Department of International Health and Medicine
Tokyo Medical and Dental University
Yushima 1-5-45, Bunkyo-ku, Tokyo 113-8519, Japan
Phone +81 3 5803 5190; Fax +81 3 3818 7176
E-mail: whocc.hlth@tmd.ac.jp

4. Tentative Program

Tuesday: 22 February, 2005

Registration/ Opening Ceremony/ Opening Session: Overview of Healthy Cities and Urban Health Policy/
Seminar (Concepts of Healthy Cities; Health determinants and health profile; WHO Guideline for Developing a
Healthy City Project, Alliance for Healthy Cities)

Technical Visit to Tokyo Metropolitan City Hall: Health Promotion in Tokyo

Wednesday: 23 February, 2005

Technical Visits to Setagaya and Itabashi/ How to develop action plans and activities in the communities

Thursday: 24 February, 2005

WORKSHOP: Sharing City Profiles and Experiences/ *Seminar*: (Public health system and health promotion) / *Seminar*: (Community activities and participation; Multi-sectoral collaboration, Settings programs) / *Seminar*: (Integration of existing programs; Monitoring and evaluation)

Friday: 25 February, 2005

Technical Visits to Ichikawa/ WORKSHOP: Designing for the Future

5. Language

English / Japanese

6. Accommodation in Tokyo

Please contact the Short Course Secretariat if the applicant needs assistance in booking accommodations.

7. Course fee

50,000 Yen / person: include cost for lectures / seminars / workshops
transport to technical visits/ entrance fee required etc.

20% reduction rate will be applied for participants from members of the Alliance for Healthy Cities. Those who wish to use this privilege, please submit a recommendation from signed by a coordinator of a Healthy City (member of the Alliance for Healthy Cities).

10% reduction rate will be applied for a group application with 10 people or more.

Course fee should be sent to the following bank account in advance

Bank account:

Bank name:	Mizuho Bank, Ltd.
Branch name:	Ochanomizu Branch (Branch #: 205)
Bank address:	1-45, Kanda-Surugadai 2-chome, Chiyoda-ku, Tokyo 101-0062, Japan
Bank account:	Ordinary account Account #: 8091221 Currency: JPY
Account name:	Kenko Toshi Suishin Kaigi

8. Application

Please send the completed application form to the address below.

9. Visa

If the applicant needs to get VISA by the Japanese Government prior to his/her travel, please contact the Short Course Secretariat in advance.

10. Contacts

Short Course Secretariat,
Promotion Committee for Healthy Cities
WHO Collaborating Centre for Healthy Cities and Urban Policy Research
Division of Public Health, Graduate School of Tokyo Medical and Dental University
Yushima 1-5-45, Bunkyo-ku, Tokyo 113-8519, Japan
Tel: +81 3 5803 5190 Fax: +81 3 3818 7176
e-mail: whocc.hlth@med.tmd.ac.jp

Short Course on Healthy Cities and Urban Health Policy
APPLICATION FORM
Fax to: +81 3 3818 7176 or E-mail to: whocc.hlth@tmd.ac.jp

Last name: _____ First name: _____

Middle name: _____ Title: (Dr., Mr., Mrs., Ms., _____)

If you are from a city/ organization of the members of the Alliance for Healthy Cities (AFHC), please also submit a recommendation form signed by a coordinator of a Healthy City (member of AFHC).

Date of Birth: _____ (day/month/year) Nationality: _____

Passport number: _____

Address for correspondence: _____

Telephone number: _____ Country code (_____)
Area code & number _____

Fax number: _____ Area code & number _____

E-mail: _____

Institution and address: _____

Position/Title: _____

Education: (year, institution, degree, main fields(s) or subject(s) of study) _____

I will request an assistance in booking accommodation: YES NO

I will need a visa to enter Japan: YES NO

I declare that the information given in this application form is correct. I understand that the course tuition, accommodation cost, travel cost, and other expenses are responsibility of each applicant.

Signature: _____ Date: _____

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RECOMMENDATION FORM

Fax to: +81 3 3818 7176 or E-mail to: whocc.hlth@tmd.ac.jp

To: Organizing Committee of Short Course on Healthy Cities and Urban Health Policy
Promotion Committee for Healthy Cities
WHO Collaborating Centre for Healthy Cities and Urban Policy Research
Division of Public Health, Graduate School of Tokyo Medical and Dental University

From:

Name of the coordinator of Healthy City	
City/ Organization	
Contact information	Phone:
	Fax:
	E-mail:

I recommend
(name of an applicant) _____,

(name of an applicant) _____,

(name of an applicant) _____,

(name of an applicant) _____,

to participate in a Short Course on Healthy Cities and Urban Health Policy, organized by Promotion Committee for Healthy Cities.

Above mentioned individual(s) are member(s) of Healthy Cities committees in our city/organization or other contributors to our Healthy City.

Signature: _____

Date: _____