

## **Application to become a Member of The Alliance for Healthy Cities Southern District, Hong Kong Special Administrative Region People's Republic of China**

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The Healthy Cities initiatives employ the overall strategy of making use of “intersectoral action and community participation to integrate health protection and health promotion activities and transform health determinants for the better”<sup>1</sup>, health determinants referring to the different factors that determine the health status of people. The Southern District fully agrees with this approach and is committed to employing this strategy to improve the physical and social environments in a sustainable manner, and to fully utilize those community resources which encourage residents to support each other in improving their health and quality of life and in developing toward their full potential, so as to transform the Southern District into a healthy city. In view of the above, the Southern District would like to apply for membership of The Alliance for Healthy Cities.

### **District Profile**

2. There are a total of 18 districts in the Hong Kong Special Administrative Region (HKSAR) distributed in the New Territories, Kowloon and Hong Kong Island. Amongst the four districts situated on Hong Kong Island, the Southern District occupies the most space, with an area of around 4000 hectares which is nearly half of the Island's area, and enjoys the lowest population density.

3. The Southern District is as varied and interesting as it is vast. It is home to the University of Hong Kong Faculty of Medicine, one of only two medical schools in Hong Kong, as well as Cyberport, Hong Kong's IT flagship. These will soon be joined by the addition of a Food Safety Laboratory. At the same time, Ocean Park, a world-renowned theme park, and popular sight-seeing spots such as the Stanley Market can also be found in the Southern District. Despite these sophisticated and forward-looking establishments, the district is well known for its humble beginning as a traditional fishing village and to this day, the Aberdeen Typhoon Shelter still serves as a refuge for fishing vessels. The Southern District is also gifted with great natural beauty, and its ten beaches and four country parks attract visitors all year round. These diverse facets of the district can all be seen as opportunities and resources in developing the Healthy Cities project. A brief profile of the district and statistics of public health care and welfare services can be found at **Annex A**.

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<sup>1</sup> *Regional Guidelines for Developing a Healthy Cities Project*. WHO Regional Office for the Western Pacific, March 2000.

**Southern District Profile**

(a) Population:	275,162
(b) Area:	Around 4,000 ha
(c) Population density:	7,083 persons per km <sup>2</sup>
(d) Proportion of population	
Aged 65 and over:	13.5%
Aged 35-64:	46.5%
Aged 15-34:	26.8%
Aged 0-14:	13.3%
(e) Median age:	40
(f) Labour force:	146,403
(g) Number of households:	82,575
(h) Average household size:	3.2
(i) Median monthly domestic household income:	\$21,000
(j) Community and recreation facilities (as at July 2007):	
Community centres/community halls:	6
Parks/Playgrounds/Sitting out areas:	46
Public bathing beaches (open for swimming):	10
Swimming pools/Leisure Pools:	1
Indoor Recreation Centres/Leisure Centres:	5
Library:	4
(k) Educational facilities (as at March 2007):	
Kindergartens:	17
Kindergarten-cum-child care centres:	24
Primary schools:	23
Secondary schools:	24
Special schools:	8

(I) List of Ambulatory Care Facilities

<b>Institution/ Satellite Clinic</b>	<b>Day Ward</b>	<b>Accident &amp; Emergency</b>	<b>#Specialist Out-patient</b>	<b>*General Out-patient</b>	<b>Geriatric Day Hospital</b>	<b>Psychiatric Day Hospital</b>
Aberdeen Jockey Club Clinic				✓		
Ap Lei Chau Clinic				✓		
Duchess of Kent Children's Hospital	✓		✓			
Fung Yiu King Hospital			✓		✓	
Grantham Hospital	✓		✓			
MacLehose Medical Rehabilitation Centre			✓			
Queen Mary Hospital	✓	✓	✓			✓
Stanley Public Dispensary				✓		
Wong Chuk Hang Hospital					✓	

# Specialist out-patient clinics include Allied Health, excludes Family Medicine Specialty Clinic

\* General out-patient clinics in this list exclude mobile services

(m) Statistics on Number of Beds and Inpatient Services in 2005/06

<b>Institution</b>	<b>No. of beds (as at end March 2006)</b>	<b>Inpatient Occupancy Rate (%)</b>	<b>Inpatient Average Length of Stay (days)</b>
Duchess of Kent Children's Hospital	130	51.1	10.6
Fung Yiu king Hospital	296	87.3	38.8
Grantham Hospital	491	76.3	13.6
MacLeHose Medical Rehabilitation Centre	130	67.9	32.2
Queen Mary Hospital	1,619	74.4	5.1
Wong Chuk Hang Hospital	160	91.0	250.3
	<b>Total: 2,826</b>	<b>Average: 74.67</b>	<b>Average: 58.43</b>

(n) Manpower Position of Southern District (No. of Full-time Equivalent staff as at 31.3.2006)

<b>Institution</b>	<b>Medical</b>	<b>Nursing</b>	<b>Allied Health</b>	<b>Others</b>
Duchess of Kent Children's Hospital	9.0	64.0	39.0	122.0
Fung Yiu king Hospital	13.2	90.9	16.0	138.0
Grantham Hospital	53.2	369.0	61.0	284.0
MacLeHose Medical Rehabilitation Centre	3.0	34.0	33.0	82.0
Queen Mary Hospital	449.7	1,523.9	463.1	1,714.4
Wong Chuk Hang Hospital	2.0	42.4	14.6	137.0
<b>Total:</b>	<b>530.1</b>	<b>2,124.2</b>	<b>626.7</b>	<b>2477.4</b>

(o) Statistics on Community and Rehabilitation Services (2005/06)

<b>Institutions</b>	<b>Community Nursing Service *</b>	<b>Community Psychiatric Service #</b>	<b>Psycho- geriatric Service #</b>	<b>Community Geriatric Assessment Service @</b>	<b>Visiting Medical Officer attendances ++</b>	<b>Community Allied Health attendances **</b>	<b>Rehabilitation day &amp; palliative care day attendances</b>	<b>Geriatric day hospital attendances</b>	<b>Psychiatric day hospital attendances</b>
Duchess of Kent Children's Hospital	-	-	-	-	-	19	-	-	-
Fung Yiu King Hospital	-	-	-	36,015	6,307	1,078	-	4,791	-
Grantham Hospital	-	-	-	-	-	20	1,443	-	-
MacLehose Medical Rehabilitation Centre	-	-	-	-	-	229	13,073	-	-
Queen Mary Hospital	49,977	4,971	7,325	-	-	513	-	-	15,533
Wong Chuk Hang Hospital	-	-	-	-	-	-	-	1,831	-
<b>Total:</b>								<b>6,622</b>	

- \* For Community Nursing Service, the activity refers to number of home visits made.
- # For Community Psychiatric Service and Psychogeriatric Service, the activity refers to total number of outreach attendances and home visits. The activity of Psychogeriatric Service also includes consultation-liaison attendances.
- @ For Community Geriatric Assessment Service, the activity refers to total number of outreach attendances and infirmary care service assessments performed.
- ++ Visiting Medical Officer attendances refer to the services provided to elderly persons living in Resident Care Homes for the Elderly under the Visiting Medical Officers Scheme introduced in 2003-04.
- \*\* Community Allied Health attendances exclude follow-up consultations provided by the Medical Social Service Department.

Source: 2006 Population By-census, Census and Statistics Department, HKSAR  
Hospital Authority Annual Report 2005-2006  
Hospital Authority Annual Plan 2007-2008

(p) Major Services for Elderly in Southern District

Type of services	No. of units	Remarks
District Elderly Community Centre (DECC)	2	
Neighbourhood Elderly Centre (NEC)	8	
Social Centre for the Elderly (S/E)	1	Self-financing
Day Care Service for the Elderly (D/E)	2	
*Care and Attention Home (C&A Home)	8	
Care and Attention Home	1	Self-financing
Home for the Aged	6	
Home for the Aged	1	Self-financing
Enhanced Bought Place Scheme at private homes for the aged (BPS)	5	Providing 398 places
Integrated Home Care Services (IHECS)	4	
Enhanced Home Care Services & Community Care Services (EHCCS)	1	

\* One residential unit may have both C&A Home places and Home care places.



(q) Major Services for Family, Youth & Community in Southern District

Type of services	No. of units providing the types of services	Remarks
Integrated Family Service Centre (IFSC)	2	
Integrated Children and Youth Service Centre	5	Two of the centres provide Outreaching Social Work and Services for Young Night Drifters respectively
Community Centre (CC)	2	