

**Activities of The Alliance for Healthy Cities, Japan Chapter
(April 2014-March 2015)**

**1. The Tenth General Assembly and Conference for the Alliance
for Healthy Cities, Japan Chapter**

(1) General Assembly for the Alliance for Healthy Cities, Japan Chapter

10 a.m. – midday on Tuesday 29 July 2014 at Keyaki Plaza in Abiko City

The Japan Chapter of the Alliance for Healthy Cities (AFHC) held the Tenth General Assembly in Abiko City, Chiba Prefecture. Attended by forty-one member municipalities and three cooperating organizations, the assembly saw deliberations and approved the annual activity reports of the 2013 fiscal year, activity reports of the settlement of accounts and the business plan and budget plan for the 2014 fiscal year.

At the assembly, the Mayor of Nagareyama City in Chiba Prefecture, was elected as Chair and Mayors of Kitanagoya City in Aichi Prefecture, and Kashiwa City in Chiba Prefecture were elected as Vice Chairs. Mayor of Abashiri City in Hokkaido was chosen as the new Comptroller. The assembly also agreed that the next General Assembly and Conference be co-held in Yawatahama City in Ehime Prefecture.

Following the election, the honor secretary-general of the WHO Western Pacific Region and Chief Director of the Japan Community Health Care Organization, Mr. Shigeru Omi addressed a keynote speech. His address was about "the establishment of DHEAT (Disaster Health Emergency Assistance Team)

As an activity report, Ama City in Aichi Prefecture which joined Japan Chapter of the Alliance for Healthy Cities anew detailed its plan "Toward the Strong, Healthy and Sound City" and the NGO Healthy City Support Organization and the Alliance for Healthy Cities, AFHC Japan Chapter Secretariat gave updates on their respective activities as well.



[General Assembly of Japan Chapter]

(2) Conference for the Alliance for Healthy Cities, Japan Chapter

<Day 1>

1:30 – 4:30 p.m. on Tuesday 29 July 2014

at Keyaki Plaza in Abiko City

At the memorial ceremony held on the first day of the two-day conference, welcome speeches were delivered by Mayor of Nagareyama City Yoshiharu Izaki, the newly-assumed Chair of the Alliance for Healthy Cities Japan Chapter, Mr. Jyunichiro Hoshino, Mayor of Abiko City, the host city of the

conference, Mayor of Kashiwa City as well as addresses given by distinguished guests.

As an opening event, dance by cheer dance girls from Central Wellness Club Abiko, performance by Japanese drum circles and a dance called “Kappa marching songs” were exhibited.

After the ceremony, Abiko City, Kashiwa City, Citizen Health Promotion Council in Kashiwa and Abiko Society of Rehabilitation gave presentations on examples of their health-promoting activities for extension of healthy life expectancy.

As a keynote speech, Mr. Motohiko Miyaji, Research Director of the Exercise Guidelines Research Office in the National Institute of Health and Nutrition, who was engaged in the development of “active guide” and “Healthy Japan 21 (second program)” gave an address, “+10 for Health Promotion: Exercise 10 minutes more than now”.

Day 1 came to an end with closing remarks by Kenji Hashimoto, Vice Mayor of Yawatahama City in Ehime prefecture, who would host the next conference.



【Lecture by Motohiko Miyaji】

<Day 2>

10:00 a.m. – noon on Wednesday, 30 July 2014

at Keyaki Plaza in Abiko City

In the second day, Society of Rehabilitation, Abiko Health Promotion Staffs and Eating Habits Improvement Promotion Personnels, showed off health gymnastics and people gathered played the gymnastics along the song of Abiko.

In activity reports session, Fukuroi City in Shizuoka Prefecture, Ichikawa City in Chiba Prefecture, Kitanagoya City in Aichi Prefecture and Yawatahama City in Ehime Prefecture, released their respective activities.

In addition, we had administrative excursions going to Kashiwa Regional Medical Collaboration Center and the Toyoshikidai District Support Housing for Elderly people, and going to see birds, nature and history of Abiko City as “birch course”.



[Health Gymnastics by citizens' groups]



【Reports of efforts by civil organizations】

Throughout the two-day meeting, in an adjacent venue, about 800 people , many of which were citizens of Abiko City, attended the practical health event and deepened their knowledge about health.

Counting the attendance of the General Assembly, Conference and practical health event, the attendance reaches about 1,700 people in two days including general participants.

This meeting exactly matches its theme, "People Connect in Abiko," and the meeting realized bond with citizens of the host city as well as exchanges of member cities.

2. The Sixth General Assembly and Conference for the Alliance for Healthy Cities in Hong Kong

Wed 29 October - Sat 1 November 2014- Hong Kong

From 29 October to 1 November 2014, 8 cities and one association including Nagareyama City in Chiba Prefecture as Japan Chapter, Ichikawa City in Chiba Prefecture, Yamato City in Kanagawa , Owariasahi, Obu and Tahara, City in Aichi Prefecture, Wakuya Town in Miyagi Prefecture and Healthy City support Organization attended the 6th General Assembly and Conference.

To celebrate 10th anniversary of the Alliance for Healthy Cities, a commemorative ceremony was held, and the initiatives by the Alliance for

Healthy Cities so far were addressed by Ms Keiko Nakamura, by Secretary General of the AFHC.

Further, since Japan Chapter reached its 10th anniversary, Yoshiharu Izaki, Mayor of Nagareyama City on behalf of Japan Chapter, rendered an address on the efforts of a decade of Japan Chapter of the Alliance for Healthy Cities.

In his address, Mayor Izaki Yoshiharu expressed gratitude to the Hong Kong Chapter at the beginning and explained achievements of Japan Chapter so far, such as the number of member cities had increased to 41 cities from 4 cities for 10 years.

He also mentioned vitalization of civil groups, which is characteristics of Japan Chapter, exchanges by member cities has extended and membership expansion of cities overseas.

In addition, Yamato City in Kanagawa Prefecture, Owariasahi and Obu in Aichi Prefecture received various awards from the Alliance for Healthy Cities for their policies and measures for healthy cities.



【Keiko Nakamura, Secretary General of Alliance for Healthy Cities makes presentation of the efforts of the Alliance for Healthy Cities】



【Yoshiharu Izaki, Mayor Nagareyama City in Chiba Prefecture and Chair of Japan Chapter makes presentation of the efforts of Japan Chapter.】

3 . Major efforts by the Secretariat of the Alliance for Healthy Cities, Japan Chapter

Period	Description
August 2014	Established inner rules for Secretariat of the AFHC Japan Chapter. ※In response to organizational change, re-established inner rules in April 2015.
October 2014	Attended the Alliance for Healthy Cities International Convention as Chair of Japan Chapter.
December 2014	Cooperated to the Healthy Cities indicators database. ※Implemented based on the request from the WHO Healthy Cities Research Cooperation Center.

4 . Major efforts by the AFHC Japan Chapter Working Committee

(1) Membership Recruitment Committee

Head Municipality of the Committee : Wakuya Town in Miyagi Prefecture

Period	Description
August 2014-	Has introduced activities of AFHC Japan Chapter and invited Cities, organizations and private companies that had inquiry.

(2) Public Relations Committee

Head Municipality of the Committee: Abiko City in Chiba Prefecture

Period	Description
October 2014	Created the web site for “The Tenth General Assembly and Conference of AFHC Japan Chapter.”
December 2014	Created the web site for “The Sixth General Assembly and Conference of AFHC held in Hong Kong.”