



# AFHC Report 2008

The Alliance For Healthy Cities  
<http://www.alliance-healthycities.com>





## Our Vision

Building cities and communities of peace where all citizens live in harmony;  
Committed to sustainable development, respectful of diversity;  
Reaching for the highest possible quality of life and equitable distribution of health;  
By promoting and protecting health in all settings.

## Goals

Promote and protect health and improve the quality of life of urban populations in a sustainable manner through the Healthy Cities approach

## Objectives

- 1.** Strengthen Healthy Cities initiatives and encourage the development of innovative interventions to improve the quality of life and address the health challenges of specific settings and communities
- 2.** Share experiences in improving the quality of life and addressing common health problems among members
- 3.** Recognise and promote outstanding practices and innovations within Healthy Cities
- 4.** Mobilise resources to promote and support the adoption of the Healthy Cities approach among cities and other communities in the Western Pacific Region and other regions
- 5.** Develop new knowledge and technology in collaboration with academe, universities and centres of learning, and to package technical resources for the improvement of planning, implementation and evaluation of Healthy Cities



## Overview

The Alliance for Healthy Cities is an international network aiming at protecting and enhancing the health of city dwellers. The Alliance is a group of cities and other organizations that try to achieve the goal through an approach called “Healthy Cities”.

The alliance was initiated with the support of the World Health Organization in 2003, and 120 cities and organizations have joined the network since then. We believe that international cooperation is an effective and efficient tool to achieve the goal. And we promote the interaction of people who are in the front lines of health and quality of life issues.

The Healthy Cities approach is based on the concept that the social, economic and physical environment is the key to the health of city dwellers. The Healthy Cities program aims to cope with health issues that have emerged with urbanization. While urbanization is underway at an alarming pace worldwide, urban health issues become complex and this complexity requires cooperation between the conventional health sector and non-health sectors.

While the WHO and academia have expertise in the Healthy Cities approach, it is a city that actually makes a Healthy City plan and carries out a Healthy City program. Cities are regarded as the most suitable players to proceed with the Healthy City program because the program should be oriented

with a local community and the participation of local citizens and groups is essential to the success of the program.

The Alliance is committed to information dissemination, information exchange, recognition of outstanding practices, capacity building research activities, and publication of research. The leadership of mayors among our members is visible. Such leadership made a difference in forming institutional structures for a Healthy City, comprehensive plan development, and formation of a network of mayors. Formation of national and subnational chapters had boosted the learning and exchange, not only within individual chapters but also beyond. Research and evaluation work with communities and cities was encouraged.

The Alliance for Healthy Cities recognizes cities which express their commitment to health and quality of life of the people by using Healthy Cities approach; state their future vision and goals; collate baseline profile data of the city; and conduct analysis of priority health problems as qualified as its partners to work towards advancing Healthy Cities.

As an increasing population lives in cities amid global urbanization, we hope that our international network will help make strides in the promotion of health of the people living in cities.

## Message from the Steering Committee



Hon. Ma. Loudres C. Fernando  
Mayor of Marikina City, The Philippines



Hon. Yan Li  
Mayor of Suzhou City, China



Hon. James Chan Khay Syn  
Mayor of Council of the City of  
Kuching South, Sarawak, Malaysia



Hon. Haji Mohamad Atei Abang Medaan  
Mayor of Kuching North City Hall, Sarawak, Malaysia



Hon. Akira Ishimine  
Mayor of Miyakojima City, Japan

The people attending the first organizational meeting of the Alliance for Healthy Cities in October 2003 in Manila dreamed of making the Healthy Cities movement vibrant in our cities and our regions. They had been told about the Healthy Cities approach, the common steps to create a Healthy City, the need of sustainable mechanisms that were regional, and the importance of training and research.

We, the Steering Committee members firmly believed that this was the way to make more people and cities join this movement.

Health and the issues that socially determine it should be visible in every corner of our life in the cities and everyday work in our offices. We have tried to make it happen not only in our respective cities, but also in the cities of the members of the Alliance. Further to that, we have continuously taken actions to address these urban health challenges. We greatly benefit from learning about each city's efforts by exchanging ideas between cities that have diverse socio-cultural circumstances.

Initially, we were not so sure how far our partners could walk together towards the same goal, after we gained autonomy from





Hon. Bilegt Tudev  
Governor of Ulaanbaatar City, Mongolia



Mr. Richard Hicks  
Chairperson, Healthy Cities Onkaparinga Inc., Australia

the World Health Organization, which had kept a very close watch from the beginning until now.

The dream has come true. Now, we have 120 cities and organizations to walk together with our common vision. This would never have become possible without our members continuous commitments to the Alliance, and the help of various people from cities, community organizations, universities, national agencies, and international agencies.

The creativeness of our cities in bridging other cities and communities made us develop a structure to fit our activities. The process has been a mutual learning process. The richness of learning has strengthened our organization to become a stronger advocate for health and quality of life in cities by showing what can be done in cities and what made a difference.

The Alliance for Healthy Cities wishes to liaise with various partners to make cities better places to live. We hope the Alliance for Healthy Cities and its supporters will grow and further lighten up our urbanizing society together.



Professor Albert Lee  
Director of Centre for Health Education and  
Health Promotion, School of Public Health,  
Chinese University of Hong Kong, China



Dr. Rozlan Ishak  
National Coordinator of Healthy Cities, Malaysia



## What Is A Healthy City?

"A healthy city is one that is continually creating and improving those physical and social environments and expanding those community resources which enable people to mutually support each other in performing all the functions of life and in developing to their maximum potential." (Hancock and Duhl, 1988)

Any city can start the process of becoming a Healthy City if it is committed to the creation and preservation of physical and social environments which support and promote better health and quality of life for residents. Incorporating health considerations into urban development and management is crucial to Healthy Cities.

## Key Features

Key features of a Healthy Cities project include high political commitment; intersectoral collaboration; community participation; integration of activities in elemental settings; development of a city health profile and a local action plan; periodic monitoring and evaluation; participatory research and analyses; information sharing; involvement of the media; incorporation of views from all groups within the community; mechanisms for sustainability;

linkage with community development and human development; and national and international networking. (WHO WPRO, 2000)

Healthy Cities encourages a whole-of-government approach at the local level by building health and quality of life considerations into the core of a city's policy agenda.



## Proclamation by the Mayors of Healthy Cities at Suzhou

At the Healthy City Mayors' Summit during the Second General Assembly and Conference of the Alliance for Healthy Cities, October 28-30, 2006 in Suzhou, we shared our experiences and discussed goals and strategies for developing healthy cities. Accordingly, we have formulated the following proclamation:

The development of healthy cities is a global initiative prompted by the World Health Organization to improve the health of people who are influenced by urbanization. This helps promote standards of living and creates harmony between people, their surroundings and society.

The global experience of building healthy cities has shown that healthy cities facilitate the improvement of the conditions that determine health and quality of life provided that we offer health service as basic projects, prepare health-supportive environments, make guarantees for healthy environments, make better health our ultimate goal, and coordinate with the efforts of non-governmental organizations and citizens. Thus, a safe, healthy and advanced society will emerge and cities will become stronger and more vital.

It is essential that we pay serious attention to the following problems which affect people undergoing urbanization: infectious diseases shared by humans and poultry such as avian flu, and serious infectious diseases such as AIDS; use of unsafe domestic articles; unhealthy lifestyles; lack of education on health and health promotion; drug and alcohol abuse; extravagant use of water and energy resources; unplanned pregnancies in adolescence; and unsafe living environments.

Today, we proclaim that we will make more cities healthy and give priority to solving the above problems considering the benefits for citizens. Furthermore, we will be responsible for enhancing communication and sharing the experiences gained by these cities. We propose making every October a "Month for Healthy Cities" and make healthy city the common pursue of the international society.

October 28, 2006

Mayors of the Alliance for Healthy Cities



## Message From WHO Western Pacific Regional Office

More than half of the people of the Western Pacific Region live in cities. So it is clear that we cannot achieve better health in this part of the world if our cities are not healthy. Health must be at the centre of sustainable urban growth. The well-being of people should be the central vision of urban governance. The leaders of our cities have the power to inspire the citizenry to achieve health as a state of complete physical, mental and social well-being. This is what the Alliance for Healthy Cities is about.

Five years ago, the Alliance for Healthy Cities was formed with only 10 city members. The Alliance now embraces more than 100 cities and organizations. We have seen how an autonomous network of cities has been able to innovate and address diverse and complex problems that impact health by using the Healthy Cities approach. Interest in the Healthy Cities approach has grown rapidly over the past five years. And it is the Alliance for Healthy Cities that has made this happen.

To date, several national and subnational chapters of the Alliance have been established that are promoting the Healthy Cities approach in different languages and cultural contexts. In the years to come, we hope to see many more countries and cities involved in the Alliance and in promoting the Healthy Cities approach.

On behalf of the World Health Organization, I congratulate the Alliance for Healthy Cities for its trailblazing efforts in mobilizing cities to improve quality of life and put health at the centre of urban development. I commend the efforts of mayors, governors, city officials, community organizations, academics and other supporting groups who have made the Alliance a success. We look forward to its continued growth and are committed to working in partnership to make the world healthier, through Healthy Cities.

Shigeru Omi, MD, Ph.D.  
WHO Regional Director for the Western Pacific

## What Made a Difference?

### **A Bicycle-Friendly, Healthy City: Marikina, Philippines**

Marikina, Philippines is a strong advocate of Healthy Cities. It has incorporated public-private partnership that helps arrange its "Bicycle Friendly City" program, which improves the safety and health of both children and adults. It also helps improve air quality, even though the urban economy is growing. By taking a Healthy Cities approach, the most suitable physical and social environments were found and finance for the project was secured.

Marikina has the only network of bicycle lanes in Philippines, which connect schools, some factories

and government institutions. The number of people moving around the city on bicycles is estimated to be around 30,000 and it is expected to increase by the time of the completion of a new 60km facility.

The project counts on a strong partnership with the private sector: the World Bank extended a financial grant of US\$1.3M to the city for the construction of bicycle lanes. The World Bank believes that Marikina has the elements to become a model of non-motorized transport for short trips.

The project also engages students and the "Firefly





Brigade” (a group of biking advocates) in its education campaign. Along this line, the city has printed copies of a bicycle guidebook which is given to the public to educate them on the proper use of bicycles, their benefits to the rider’s health, and on the city’s health.

The Japan International Cooperation Agency has given the city, through the Marikina City Bikeways Office, 150 slightly-used bicycles. These bicycles are used in the project’s educational program for students and other interested individuals. These donated bicycles play an important role in the city’s efforts at promoting safe cycling, and the benefits biking have for transportation and in air quality.

*(Dr. Alberto P. Herrera, City Health Officer, Marikina, Philippines)*

### **Bringing healthy and safe living in the communities through community relevant evidence-based approach, Healthy Cities Illawarra, Australia**

Healthy Cities Illawarra (HCI) established in 1987, is now a non-government, community based organization that receives core funding from the New South Wales Health Department through the Regional Health Service. HCI is administered by a management committee comprising representatives from local government, health, environment, education and the community sector.

**Child Safety** - A major project currently operating is to promote child safety and injury prevention, primarily in socially disadvantaged and Aboriginal communities across the region. The project has been funded for 14 months and is structured in two phases, the first focussing on “Child Safe Homes” and the second focussed on “Child Safe Community Environments”. To maximise the potential long term outcomes of the project, strategies are heavily based on building the capacity of existing community services and organisations working with parents,

carers and children, to integrate child safety promotion into their daily work through the provision of training, support and resources.

**Play Illawarra Project** - Acting on the results of a small project which investigated the use of children’s playgrounds in one council area, HCI identified that there was a need to improve accessibility and use of local parks and play spaces. Working with four Illawarra councils, information on approximately 300 playgrounds has been collected and collated into an online directory. The ‘Play Illawarra’ website ([www.playillawarra.org.au](http://www.playillawarra.org.au)) is the first of its kind in Australia and provides community members with detailed information the directory provides colour photographs, maps and lists of playground features such as seating, shade, parking, access to water, toilets, BBQ’s, etc. HCI is also working to encourage people use their natural assets in local neighbourhoods (playgrounds, beaches, parks, etc.) as a way to improve physical skill development and activity in children and encourage social connections for families.

**Child Friendly By Design** - Healthy Cities is coordinating a major project in Shellharbour which aims to involve children, young people and families in the design and re-design of public space to make them more child and family friendly . The project is also developing a resource kit for planners, developers and urban designers to assist them in future planning and policy development to improve child and family friendly urban design.

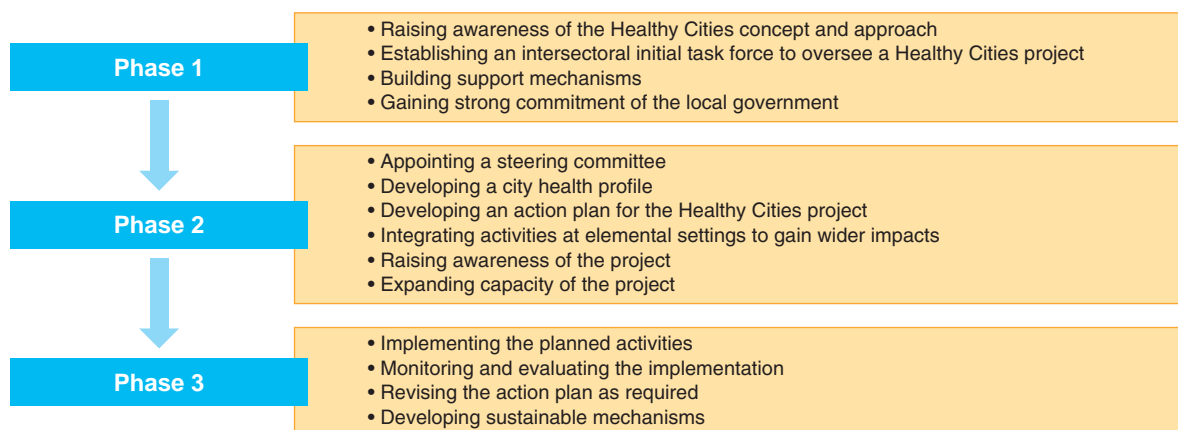
A key to success for the 20-year long sustainable program is that it always connects all sectors relevant to people’s health, work with communities, and apply evidence-based approach.

*(Mr. Frank Wallner, General Manager and Secretary of Healthy Cities Illawarra Inc.)*



## Common Steps to Develop a Healthy City

While the priority health issues vary from city to city, there is a generic approach to strengthening any city's capacity to developing a Healthy City.\*



\*Regional Guidelines for Developing a Healthy Cities Project. WHO WPRO, 2000

## Track Record of the Alliance

There have been extensive organizational developments since 2003, and the Alliance for Healthy Cities (AFHC) has formed a network of 120 cities and other organizations as of now (October 2008) to work together for a common vision.

### October 17, 2003

The First Organizational Meeting of the AFHC  
Manila, Philippines

Ten cities and organizations gathered after following a recommendation from a WHO Consultation Meeting on creating a Regional Network for Healthy Cities.

### October 12-14, 2004

The Inaugural General Assembly and Conference of the AFHC  
Kuching, Sarawak, Malaysia

Conference Theme: Bringing Healthy Cities to Greater Heights through Stronger Networking and Community Empowerment

Twenty-six founding members of the Alliance officially adopted the Charter of the AFHC.

### October 28-30, 2006

The Second General Assembly and Conference of the AFHC  
Suzhou, China

Conference Theme: Healthy Cities in the Globalizing World

Forty-one Mayors of Healthy Cities proclaimed that they would cooperate as an international community to create healthy city environments to address urban problems and quality of life issues of urban residents.

### October 23-26, 2008

The Third Global Conference of the AFHC  
Ichikawa, Japan

Conference Theme: Health Security in the City: Healthy Cities activities building a better future



## Our Chapters at Work

The AFHC encourages activities by Chapters. Chapters are formed at the country, sub-country, or intercountry level, to support the achievement of the goal and objectives of the AFHC. Activities of the chapters showcase diversities of the Healthy Cities.

### Japan Chapter

#### Advancing the network for learning and sharing

The Japan Chapter aims to create a network of cities in Japan that follow the World Health Organization's concept of "Healthy Cities", which lets regional characteristics be reflected in each city's approach to health promotion. The chapter also aims to widely distribute information on the Healthy Cities concept.

#### Foundation

The founding members of the AFHC - Ichikawa City in Chiba Prefecture, Owari-asahi City in Aichi Prefecture, Hirara City (now Miyakojima City) in Okinawa Prefecture, and Fukuroi City in Shizuoka Prefecture - held a Summit Conference to establish the AFHC Japan Chapter in 2005.

#### The General Assemblies and the AFHC Japan Chapter Conferences

The first and second General Assemblies as well as the Conference of the AFHC Japan Chapter were held in Ichikawa, the chapter's head city, in 2005 and 2006. They focused on publicizing WHO's Healthy Cities concept to the whole nation and encouraging new members to join the AFHC Japan Chapter with presentations in which member cities reported their own efforts.

#### Future Outlook

In October 2008, the Global Conference of the AFHC will be held in Japan for the first time, in Ichikawa City. Taking this opportunity, the AFHC Japan Chapter will take three steps for the Global Conference to foster domestic efforts for Healthy Cities as well as to publicize our actions to cities abroad. First, we will encourage new

members to join the AFHC and the AFHC Japan Chapter. Along with an invitation to the Global Conference, we will send guidelines for affiliation with the AFHC and the AFHC Japan Chapter to some 1,800 municipalities nationwide. Each member city will call on municipal heads in their prefecture to attend or join the conference. Second, we will hold an event to commemorate the Global Conference. Based on the theme of "Family and Health," elementary school pupils ages 6-12 from Japan and abroad will be asked to send us messages regarding health from their viewpoint so people's awareness of health can be raised and our activities can be publicized to the world as well as domestically. Third, we will join the events related to the Global Conference. The conference will not only have technical meetings for conference attendees but will also have events open to regular citizens, so we will hold an exhibition of products to publicize the Japan Chapter.

Concerted efforts by cities around the world in favor of Healthy Cities leads to improvement of public health standards worldwide as well as to world peace. The Japan Chapter will continue to promote this network in which cities taking Healthy Cities initiatives in their own distinctive manner can share information and grow together.





## China Chapter

### From Pilot Healthy Cities to Capacity Building, Research and Development Projects

The China Chapter of the AFHC consists of 9 cities on the mainland of China. They are the city of Suzhou, the city of Huai'an, the Luohu District of the city of Shenzhen, the city of Zhangjiagang, the city of Changshu, the city of Taicang, the city of Kunshan, the city of Wujiang, and the city of Tongzhou. The Secretary of the Chapter is Suzhou. In the last two years, the Chapter has been playing an active role in promoting the development of the Healthy Cities concept in China.

- In October 2006, the China Chapter proclaimed the Suzhou Declaration, which was signed by mayors of AFHC members in the 2nd GA and Conference of the AFHC, and started the first International Healthy Cities Month.
- In December 2007, the cities of Suzhou and Zhangjiagang were confirmed as pilot Healthy Cities in China.
- In Mar. 2008, The National Working Seminar of Pilot Healthy Cities was held in Suzhou.
- The China Chapter communicated with, and learned from each other and with non-members. Suzhou

received more than 10 site visits from cities such as: Hangzhou, Huai'an, Tongzhou, Wuxi, Karamay, Wenzhou, Ji'nan, Qinhuangdao, Fuzhou, and the Da'an District of the city of Taipei.

- The China Chapter collaborated with the WHO Centre for Health Development on research of the Healthy Urbanization Project.
- The China Chapter promoted the development of Healthy City activities in local areas in Suzhou during 2007-08 period through the Healthy Service, Healthy Environments, Healthy Society, Healthy People, Health Propaganda, and Healthy Settings approaches. By the end of the period, Suzhou had founded 11 city/district-level health education gardens, 11 town/community-level health education gardens, and established 366 healthy communities, 1,112 healthy units, 15,467 healthy households, 7 healthy towns and 37 healthy villages.

The “**Six Ones**” Health Promotion Action for citizens

- Have **one** health education class
- Own **one** health education book
- Participate in **one** activity to eliminate the four pests (flies, mosquitos, mice, cockroaches)
- Walk **one** “Wan” (10,000) steps each day
- Master **one** first-aid skill
- Promote **one** healthy household

## Korea Chapter

### Korea Healthy Cities Partnership (KHCP)

#### Activities in the years 2007-2008

The launching of the Korea Healthy Cities Partnership (KHCP, Korean Charter) was in 2006 and we mailed out publicity information to propagate the Healthy Cities concept to all municipalities of Korea on February 16, 2007.

On September 12-13, 2007, the 2nd General Assembly of Korea Healthy Cities Partnership was held. There were about 250 participants coming from our 24 full members and 3 associate members. Four foreign

participants were invited, also.

In the Spring of 2008, KHCP published and distributed a PR book about the Healthy Cities concept that was titled “What is a Healthy Cities Project?” to 782 municipalities, public health centers and schools of medicine in our country.

In April and June, 2008, two capacity-building workshops were held by KHCP, one for building basic capacity (April 17-19) and the other was for building deeper capacity (June 12-13). These increased KHCP's orbit of influence and received the participation of 66 municipalities and 200 people.





Dr. Rhee Boo Ouk, Director of Changwon Health Center, is the Secretary of KHCP. He has been trying to propagate the meaning of the Healthy Cities concept. KHCP and he have committed to the aims of the Alliance and to WHO's famous definition of health. The attainment of the highest possible level of health

requires action by many sectors including public health centers. KHCP continuously keeps in mind that the Healthy Cities concept is a universal instrument to solve many urban problems.

*(Secretary of KHCP, Dr. Rhee Boo Ouk)*

### China Hong Kong Chapter

The Inauguration Ceremony of the China Hong Kong Chapter, Alliance for Healthy Cities cum "Healthy Cities" Forum was successfully held on 14 September 2007 at the Hong Kong Convention and Exhibition Centre. The inauguration ceremony was proudly officiated by Suzhou City representing the Steering Committee of AFHC and Dr. Keiko Nakamura, Secretariat of AFHC. This event was also in celebration of the 10th anniversary of the establishment of the Hong Kong Special Administrative Region as well as the 10th anniversary of the launching of "Healthy Cities" in Hong Kong.

Highlights included a videotaped address by Dr. Shigeru Omi, Director of WHO Western Pacific Regional Office and representatives from Suzhou, Ichikawa, Seoul, Macau and Australia who shared their experiences in implementing "Healthy Cities". About 500 local and

overseas experts, academics and practitioners attended.

The founding members of the China Hong Kong Chapter include all the eighteen administrative districts of Hong Kong, of which eleven are full members of AFHC. Mr. George Ng, Chairman of Sai Kung District Council, has been elected as the Chairman of the Steering Committee of the Chapter. "Sai Kung Healthy and Safe City" Project Office is appointed as the Secretariat to carry out initiatives as directed by the Steering Committee.

The work plan of the Chapter is as below:

1. Application for the Convenor and Chair City of the AFHC Global Conference 2010
2. Website of the China Hong Kong Chapter
3. Promotion of "Healthy Cities" through Theme Song
4. "Healthy Cities" Forum

### Australian Chapter

The Australian Chapter (AC) was granted provisional membership of the AFHC at the Steering Committee meeting held in Gold Coast in 2007. The Australian Chapter has now been formed with support from its member cities and universities. Ann Bunnell is the Chair of the AC.

The AC has developed two major events in Australia.

Firstly, the International Healthy Cities Congress was hosted by Gold Coast City Council in September 2007 and attended by many international members and local

Healthy City advocates.

Secondly, a further meeting was hosted by Kiama Shire Council in May 2008 where members were given an opportunity to formally support the finalisation of the AC arrangements.

The AC is growing and we believe we can provide a valuable contribution to AFHC in the future.

*(Dr. Peter Davey, Secretariat of AC; Griffith University, Brisbane, Australia)*



## Members of the Alliance for Healthy Cities -as of September 30, 2008-

### Full Members

Casey City, Australia  
 Gold Coast City, Australia  
 Kiama Municipal Council, Australia  
 Logan City, Australia  
 Townsville City, Australia  
 Phnom Penh Municipality, Cambodia  
 Central and Western District, Hong Kong SAR, China  
 Changshu City, Jiangsu Province, China  
 Huai'an City, China  
 Islands District, Hong Kong SAR, China  
 The Kowloon City District, Hong Kong SAR, China  
 Kunshan City, Jiangsu Province, China  
 Kwai Tsing District, Hong Kong SAR, China  
 Kwun Tong District, Hong Kong SAR, China  
 Luohu District, Shenzhen, China  
 Macao Special Administrative Region, China  
 North District, Hong Kong SAR, China  
 Sai Kung District, Hong Kong SAR, China  
 Sha Tin District, Hong Kong SAR, China  
 Southern District, Hong Kong SAR, China  
 The City of Suzhou, China  
 Taicang City, Jiangsu Province, China  
 Tongzhou City, Jiangsu Province, China  
 Tsuen Wan, Hong Kong SAR, China  
 Wujiang City, Jiangsu Province, China  
 Yau Tsim Mong District, Hong Kong SAR, China  
 Zhangjiagang City, Jiangsu Province, China  
 Abiko City, Japan  
 Fukuroi City, Japan  
 Ichikawa City, Japan  
 Kobe City, Japan  
 Miyakojima City, Japan  
 Nagareyama City, Japan  
 Nagoya City, Japan  
 Obu City, Japan  
 Owariasahi City, Japan  
 Tajimi City, Japan  
 Yamato City, Japan  
 Andong City, Republic of Korea  
 Asan City, Republic of Korea  
 Buk-gu, Ulsan, Republic of Korea  
 Busan Metropolitan City, Republic of Korea  
 Busanjin-gu, Busan, Republic of Korea  
 Buyeo County, Republic of Korea  
 Changwon City, Republic of Korea  
 Chuncheon City, Republic of Korea  
 Dobong-gu, Seoul, Republic of Korea  
 Dong-gu, Gwangju, Republic of Korea  
 Donghae City, Republic of Korea  
 Dongjak-gu, Seoul, Republic of Korea  
 Gangdong-gu, Seoul, Republic of Korea  
 Gangnam-gu, Seoul, Republic of Korea  
 Geumsan County, Republic of Korea  
 Guro-gu, Seoul, Republic of Korea  
 Gwangjin-gu, Seoul, Republic of Korea  
 Gwangmyeong City, Republic of Korea  
 Hwaseong City, Republic of Korea  
 Jangheung County, Republic of Korea  
 Jecheon City, Republic of Korea  
 Jeju Special Self-Governing Province, Republic of Korea  
 Jeonju City, Republic of Korea  
 Jincheon County, Republic of Korea  
 Jinju City, Republic of Korea  
 Jung-gu, Seoul, Republic of Korea  
 Muju County, Republic of Korea  
 Nam-gu, Gwangju, Republic of Korea  
 Namhae County, Republic of Korea  
 Seo-gu, Gwangju, Republic of Korea  
 Seocho-gu, Seoul, Republic of Korea  
 Seodaemun-gu, Seoul, Republic of Korea  
 Seongbuk-gu, Seoul, Republic of Korea  
 Seongdong-gu, Seoul, Republic of Korea  
 Seosan City, Republic of Korea  
 Seoul, Republic of Korea  
 Siheung City, Republic of Korea  
 Sokcho City, Republic of Korea  
 Songpa-gu, Seoul, Republic of Korea  
 Suncheon City, Republic of Korea  
 Taebaek City, Republic of Korea  
 Uiwang City, Republic of Korea  
 Wando County, Republic of Korea  
 Wonju City, Republic of Korea  
 Yanggu-County, Republic of Korea  
 Yangpyeong County, Republic of Korea  
 Yeongdeungpo-gu, Seoul, Republic of Korea  
 Yeongi County, Republic of Korea  
 Kuching City, Malaysia  
 Ulaanbaatar City, Mongolia  
 Caloocan City, Philippines

## Full Member Status

A city, defined as city governments, governing units of cities, municipalities and equivalent organizations, recognized by the Steering Committee of AFHC may become bona fide members of the Alliance by complying with the following:

## Associate Member Status

Associate member status is open to interested individuals or non-city entities such as non-government organizations, national government agencies, private organizations or academic institutions, upon the recognition by the Steering Committee of AFHC.

Dagupan City, Philippines  
Las Piñas, Philippines  
Makati City, Philippines  
Marikina City, Philippines  
Muntinlupa City, Philippines

Parañaque City, Philippines  
San Fernando, La Union, Philippines  
Tagaytay City, Philippines  
Valencia City, Bukidnon, Philippines  
Hue City, Vietnam

## Associate Members

Healthy Cities Illawarra  
Healthy Cities Onkaparinga (Noarlunga)  
Won Tai Sin District Healthy & Safe City Company Ltd.  
Tainan Healthy City Association  
Daan Health Promotion Association  
Shilin Health Promotion Association  
Beitou Health Promotion Association  
Hualien Health Promotion Association  
Miaoli Healthy City Association  
Tamsui Healthy City Association  
South Australian Community Health Research Unit,  
Flinders University  
Centre for Health Education and Health Promotion,  
Chinese University of Hong Kong

Health Promotion/International Health,  
Tokyo Medical and Dental University  
Centre for Environment and Population Health,  
Griffith University, Queensland  
School of Health and Social Development, Deakin University,  
Victoria  
Healthy Campus Program, Universiti Sains Malaysia, Penang  
Healthy City Research Center, Institute of Health and Welfare,  
Yonsei University  
Center for Health Promotion & Development, Seoul National  
University School of Public Health  
National Coordinator of Healthy Cities, Malaysia  
Center for Health Development for Metro Manila (CHD-MM),  
Philippines  
Health Promotion Board, Singapore



### Message from Host City of AFHC Conference, 2008

It is my great pleasure to host the Third Global Conference of the Alliance for Healthy Cities in October 2008. I hope all people attending the conference will gain new knowledge and skills and exchange ideas to further strengthening the network of the Alliance for Healthy Cities.

The experience of preparing for this conference gave us a special opportunity to think about the health of Ichikawa's citizens and the health of

citizens elsewhere in the world. It strengthened intersectoral cooperation among our city's administrative staff and our citizens as well as with the private sectors in our city.

Not only the workers of city hall, but also many citizens and organizations in our city have devoted their energies to prepare for the conference so that all the participants will enjoy this wonderful opportunity. We cordially welcome our Healthy Cities colleagues to Ichikawa City and look forward to sharing experiences with Healthy Cities.

Mitsuyuki Chiba  
Mayor of Ichikawa City, Japan



## Let's Build This City With Our Hearts

There's a city out there  
Where dreams can come true  
Take the journey  
Follow the star  
In this city of smiles  
There is hope in the air  
Take that first step  
To a world full of life

※ Together let's watch the magic begin  
Where rivers flow and gardens grow  
And children laugh and sing  
Take my hand today  
I'll lead you there  
Together we can start  
Let's build this city with our hearts.

There's a city out there  
Where everyone belongs  
It's a home for anyone  
Who cares to sing this song  
In this city of light  
We celebrate and share  
All our next steps  
To a world full of life  
(repeat ※)  
(repeat ※)

Alliance For Healthy City Song: Let's Build This City With Our Hearts

Vocal artists: Sari, Jomar Molejon, Mae Buena, Cecile Hernandez Arranged: Kelsey Zamika Music and lyrics: Susan Mercado

Produced by the Division of Building Healthy Communities and Populations World Health Organization Western Pacific Regional Office



### From the Secretariat

The health of an urban population is influenced by multiple physical, social and economic factors. In this globalizing world, we need to untie the knot of urban health complexity and find out what makes a real difference in letting people lead healthy lives.

The Secretariat of the Alliance for Healthy Cities is hosted by the WHO Collaborating Centre for Healthy Cities and Urban Policy Research based in Tokyo Medical and Dental University. A long-term development of Healthy Cities in the last 20 years has been supported by mutual collaborations among cities, communities, universities, and other national

and international organizations. I believe the Alliance will continue to provide such opportunities for mutual learning and developments in creative ways.

The breadth of our membership continues to grow, and the Alliance is now known as a hinge that unites sectors multilaterally. I appreciate the help of all the people who have been contributing to the activities of the Alliance. The Alliance for Healthy Cities is ready for the next stage in its evolution. We look forward with anticipation to creating it and to your support.

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