



Alliance for Healthy Cities

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First Organizational Meeting of the Alliance for Healthy Cities



October 17, 2003, Manila, WHO WPR Office

October 12, 2004, AFHC



Charter of the Alliance for Healthy Cities was adopted



October 17, 2003, Manila, WHO WPR Office

AFHC Founding Members



Phnom Penh, Cambodia

Kwai Tsing District, Hong Kong SAR, China

Macao Special Administrative Region, China

Sai Kung District, Hong Kong SAR, China

The City of Suzhou, China

Fukuroi City, Japan

Hirara City, Japan

Ichikawa City, Japan

Owariasahi City, Japan

Changwon City, Republic of Korea

Seoul, Republic of Korea

Wonju City, Republic of Korea

Kuching City, Malaysia

Ulaanbaatar City, Mongolia

Marikina City, Philippines

San Fernando, La Union, Philippines

Tagaytay City, Philippines

Valencia City, Bukidnon, Philippines

Hue City, Vietnam

Healthy Cities Illawarra, Australia

Healthy Cities Noarlunga, Australia

South Australian Community Health Research Unit, Flinders University, Australia

Centre for Health Education and Health Promotion, Chinese University of HK, China

Health Promotion/International Health, Tokyo Medical and Dental University, Japan

National Coordinator of Healthy Cities, Malaysia



Vision

(from Preamble of the Charter of the AFHC)

**Building cities and communities
of peace**

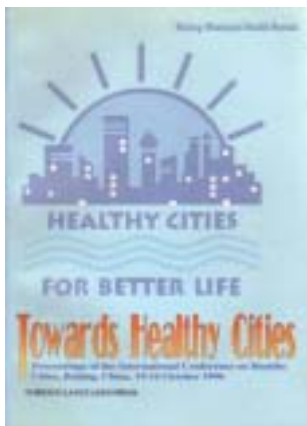
Where all citizens live in harmony.

**Committed to sustainable
development, respectful of diversity;
Reaching for the highest possible
quality of life and equitable
distribution of health.**

**By promoting and protecting
health in all settings.**



Collaboration with WHO

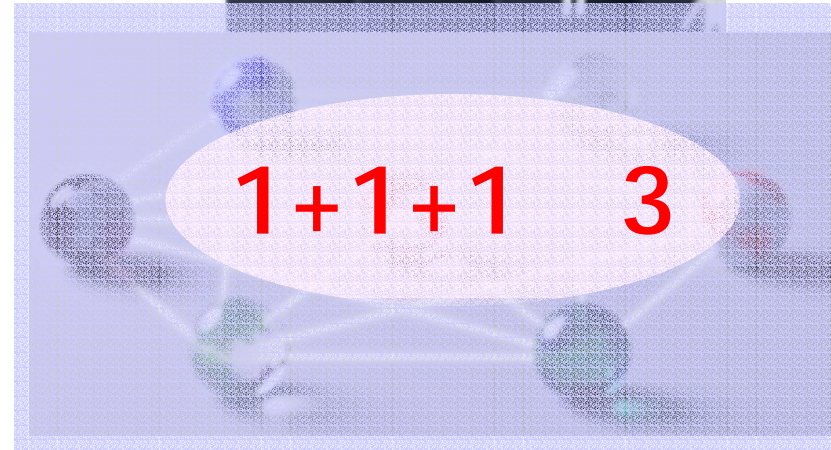


- ❑ International Conference on Healthy Cities, Beijing, China, 1996
- ❑ International Conference on Health Promotion, Jakarta, Indonesia, 1997
- ❑ WHO Meeting on Health Protection and Health Promotion, Manila, Philippines, 1999
- ❑ WHO Workshop on Healthy Cities: Preparing for the 21st Century, Malacca, Malaysia, 1999
- ❑ WHO Workshop on Healthy Cities: Evaluation and Future Directions, Johor Bahru, Malaysia, 2001
- ❑ WHO Consultation Meeting on a Regional Network for Healthy Cities, Manila, Philippines, 2003





Networking





Diversities

Population

Climate

Culture

Geography

**Health
indicators**

**Setting
programs**

Urban Issues

Years with HC

Organization

**Progress in
Action Plan**

Community

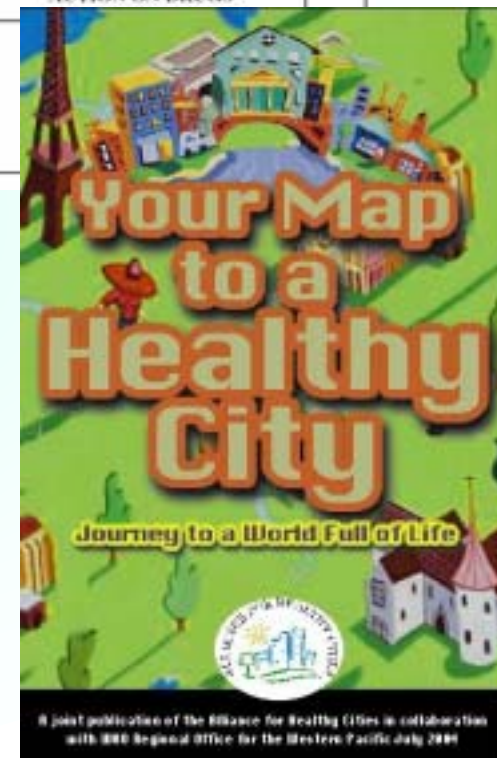
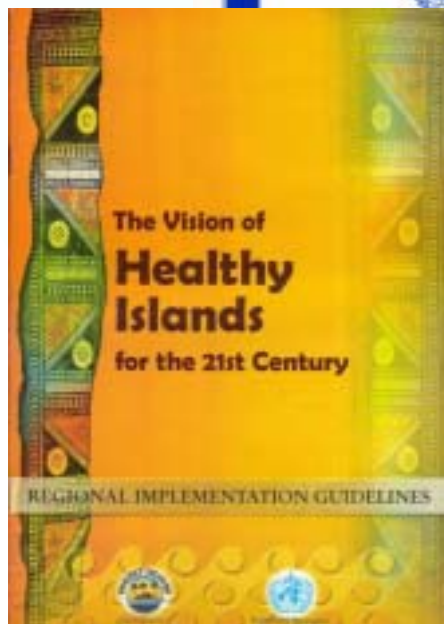
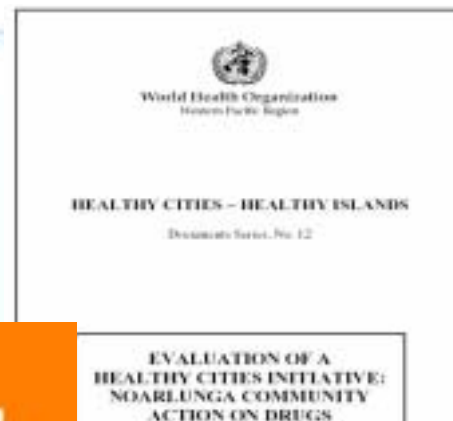
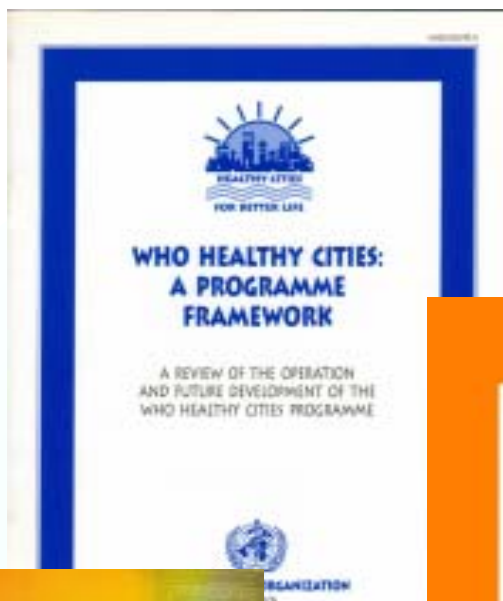
Phase in development of HC

Common Features

- **Strong political commitment for upliftment of citizens health and quality of life**
- **Efforts to add unique values to the city which benefit to health, economy, sustainable development of the city**



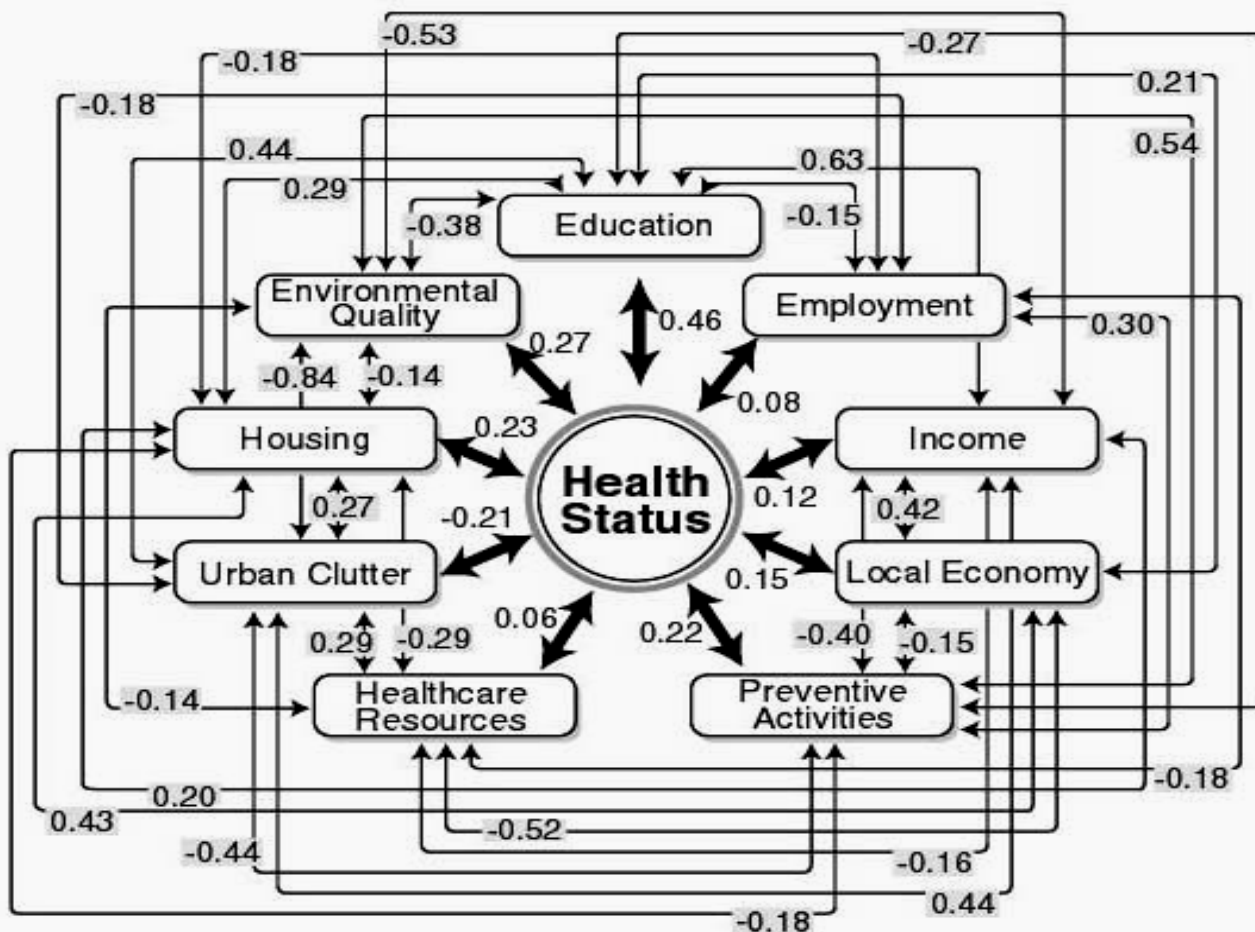
Technical Guidelines





Evidence supporting Healthy Cities

- Determinants of Health -



Source: An analysis of health levels and various indicators of urban environments for Healthy cities projects. *J Epidemiol Community Health* 55:263-270;2001

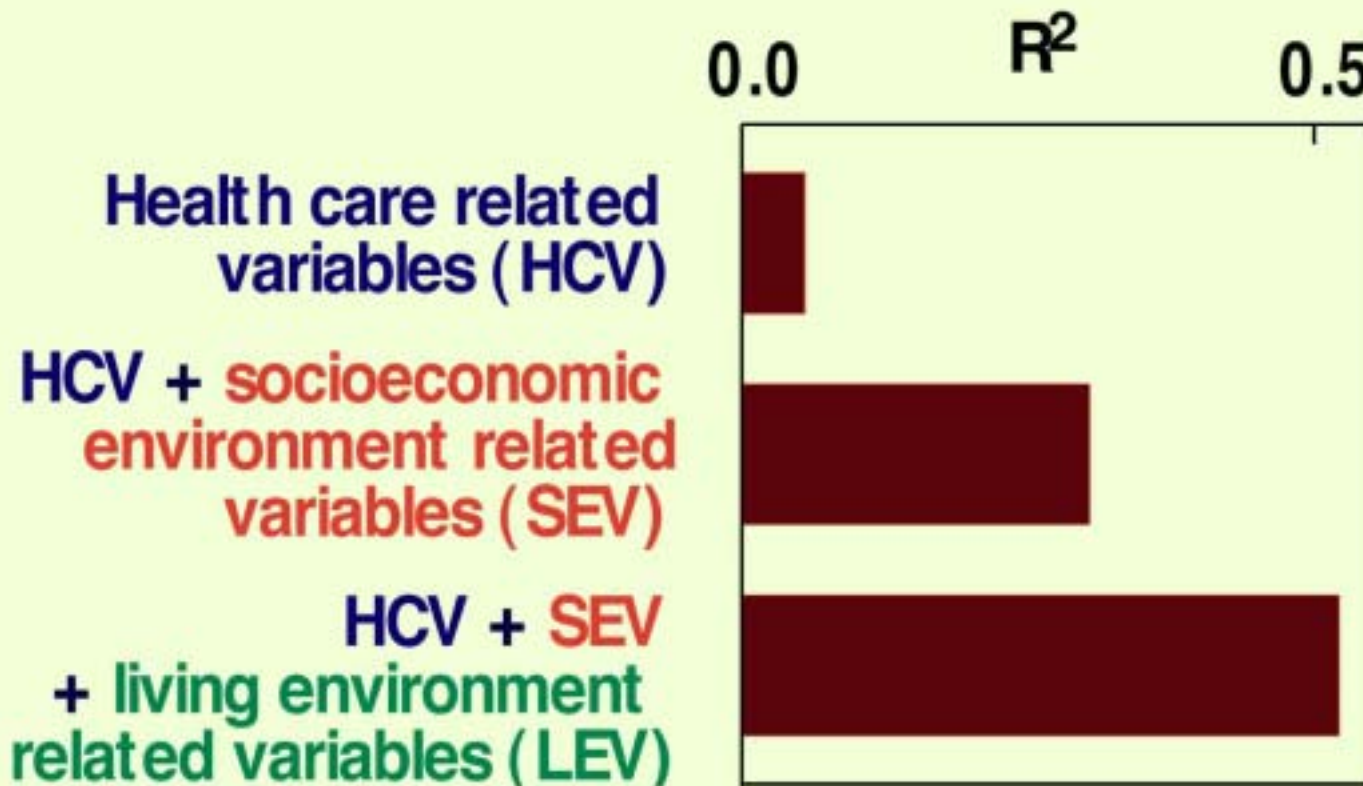


Evidence supporting Healthy Cities

- Need of Integrated Approach -



Contribution Ratio to Health Status



Source: An analysis of health levels and various indicators of urban environments for Healthy cities projects. *J Epidemiol Community Health* 55:263-270;2001

Accumulation of Evidence supporting Healthy Cities

J Epidemiol Community Health 2001;55:263-270

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Formulation and Development
of a Research Base
for Healthy Cities

An analysis of health levels and various indicators of urban environments for Healthy Cities projects

T Takano, K Nakamura

Participatory research to enhance vision sharing for Healthy Town initiatives in Japan

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Edited by T. Takano
K. Nakamura
M. Nagasaki

Healthy Cities & Urban Policy Research

Edited by Takehito Takano

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SHORT REPORT

A comprehensive "Healthy Schools Programm promote school health: the Hong Kong experi joining the efforts of health and education sec

A Lee, C Tsang, S H Lee, C Y To

J Epidemiol Commun

Both health and education are linked to economic performance. The success of education depends on good health, and vice versa. Modern education should help young people to determine values, and accept responsibility for their health and social behaviour. The success of health promotion in schools requires the joint efforts of both the health and education sectors. A comprehensive

services, are actively involved. Schools for bringing together the various agencies upon the health of the community are environments of the larger community for children to develop and practice supporting a healthy lifestyle. The findings synthesized into the "health prom

RESEARCH REPORT

Urban residential environment and longevity in megacity areas: green spaces

T Takano, K Nakamura, M Watanabe

62.2% and parks, clean rivers and other

Study objectives: To study the relationship between the residential environment and the longevity of senior citizens in a densely populated, developed megacity.
Design: Cohort study.
Methods: The authors analysed the five year survival of 3144 people born in 1903, 1908, 1913, or 1918 who consented to a follow up survey from the records of registered Tokyo citizens in relation to baseline residential environment characteristics in 1992.

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AFHC International Network

International Leadership

Leadership of Cities

Mayors, leaders,
Planning dpts,
Health dpts, ...

WHO
Other int'l agencies
AFHC

**Community
Initiatives/
participation**

Research/ Evaluation

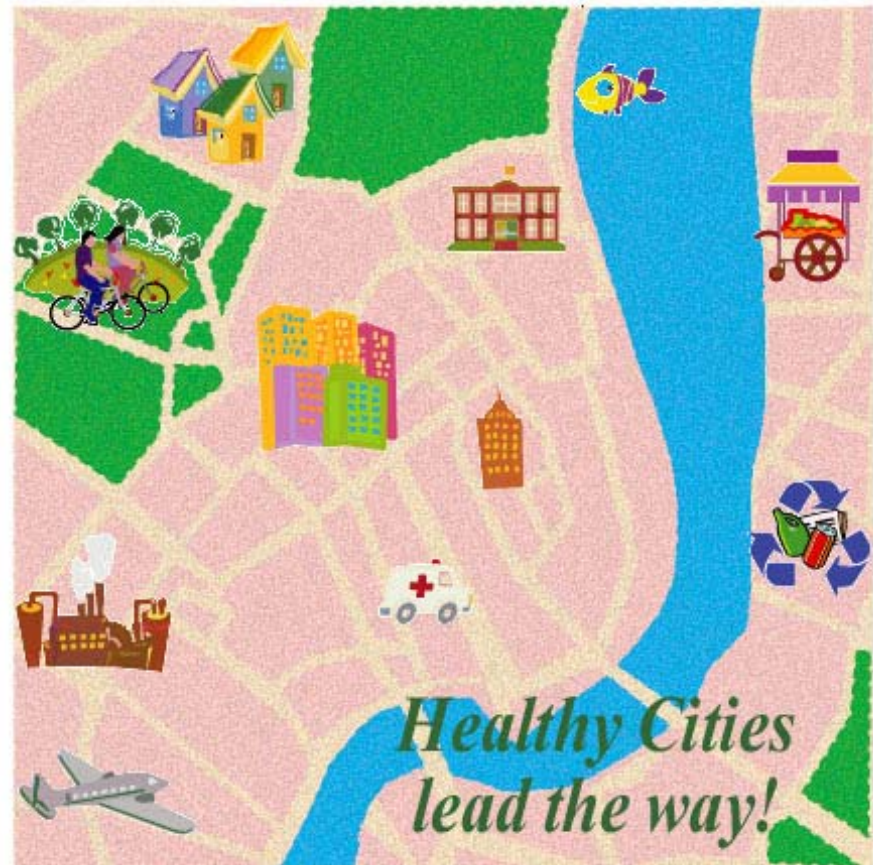
Creation of evidence
Bridge to actual society
Training



Main Functions of AFHC

- A. Information dissemination**
- B. Information exchange**
- C. Recognition of outstanding practices**
- D. Capacity building**
- E. Research activities/
Publications**

Join Us in the Alliance for Healthy Cities





Application Procedure to Become a Member of the Alliance for Healthy Cities



Step 1

Form A/B

Step 2

**Documents
Annual fee**

Step 3

**Recognition
Participation**

Step 1: Form A/B

Full membership	Associate membership
City Government, Governing Unit of City, Municipality	Individual, NGO, National govt agency, Private organization, International agency, Academic institutions

- ☐ Endorsement by the city/organization for the application
- ☐ Healthy City coordinator
- ☐ Contact person
- ☐ Applicable to any regions of WHO



Step 2: Statements; Annual fee

- ❑ Submission of required documents
 - 1) written policy statement in support of Healthy Cities
 - 2) future vision and goal
 - 3) profile of the city (baseline data)
 - 4) analysis of priority health problems

- ❑ Membership fee

Step 3: Recognition

☐ Recognition of membership status

- ☐ Attendance at General Assembly
- ☐ Participation in designated programs
- ☐ Annual membership fee
- ☐ Annual reporting

- ☐ Submission of optional documents
 - intersectoral coordination mechanism in place
 - mechanism for community participation
 - local action plan to resolve problems
 - a set of indicators for monitoring and evaluation
 - a system of information dissemination and sharing

Definition of A Healthy City

“Healthy cities are cities that are continually creating and improving those physical and social environments and expanding those community resources which enable people to mutually support each other in performing all functions of life and in developing to their maximum potential.”

[Health Promotion Glossary, WHO, 1998]



Calling on all Mayors to fly to Kuching, Malaysia on October 12-14, 2004.



Enjoy the Conference!

Be there for the first General Assembly of the Alliance for Healthy Cities.
Interact with global leaders of Healthy Cities from Australia, Cambodia, China,
Japan, Malaysia, Mongolia, the Philippines, Republic of Korea, Vietnam and others.
For more information visit <http://www.alliance-healthy-cities.com>

*For a world
full of life*



Alliance for Healthy Cities

Thank you



<http://www.alliance-healthycities.com/>

Welcome to the **Alliance for Healthy Cities** homepage

Discover how Healthy Cities are leading a global movement to improve the quality of life in urban communities.

